

Barnes Farm Infant & Junior School – Week 1

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------|---|---|---|--|--|
| Option 1 | Baked Chicken Fillet served with an Italian Style Sauce, Savoury Rice & Mixed Salad | Pepperoni Pizza served with Coleslaw & Mixed Leaf Salad | Roast Turkey & Stuffing served with Roast Potatoes, Seasonal Vegetables and Gravy | Homemade Sausage Roll served with Mashed Potatoes and Baked Beans | Omega 3 Fish Fingers served with Oven Chips and Garden Peas |
| Option 2 | Sweet Potato, Pepper & Lentil Risotto | Cheese & Tomato Pizza served with Coleslaw & Mixed Leaf Salad | Spinach & Ricotta Frittata served with Roast Potatoes and Seasonal Vegetables | Homemade Meat Free Sausage Roll served with Mashed Potatoes and Baked Beans | Cheesy Wholemeal Wrap Stack served with Oven Chips and Garden Peas |
| Dessert | Freshly Cut Fruit or Organic Fruit Yoghurt or Shortbread Biscuit | Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly | Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yoghurt | Freshly Cut Fruit or Organic Fruit Yoghurt or Rice Krispie Cakes | Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Flapjack |

Available Daily ... Jacket Potato with filling - Wholemeal bread - Choice of salads - Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <http://j.mp/2puF1sV>

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Barnes Farm Infant & Junior School – Week 2

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|---|---|--|--|
| Option 1 | Cheese & Bacon Pasta Bake served with a Homemade Garlic Slice and Garden Peas | Savoury Minced Beef filled Yorkshire Pudding served with Mashed Potatoes, Broccoli & Carrots | Roast Chicken Fillet served with Roast Potatoes, Cabbage, Cauliflower and Gravy | BBQ Pulled Pork in a Tortilla Wrap served with Coleslaw & Mixed Leaf Salad | Ashlyns Burger served with Oven Chips and Baked Beans |
| Option 2 | Vegetable & Lentil Lasagne served with a Homemade Garlic Slice and Garden Peas | Savoury Minced Quorn filled Yorkshire Pudding served with Mashed Potatoes, Broccoli & Carrots | Tomato & Mozzarella Wholemeal Tart served with Roast Potatoes, Cabbage, Cauliflower and Gravy | Falafel & Mixed Pepper Tortilla Wrap served with Coleslaw & Mixed Leaf Salad | Meat Free Burger served with Oven Chips and Baked Beans |
| Dessert | Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Chip Cookie | Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Muffin | Freshly Cut Fruit or Organic Fruit Yoghurt or Apple Crumble & Cream | Freshly Cut Fruit or Organic Fruit Yoghurt or Strawberry Jelly | Freshly Cut Fruit or Organic Fruit Yoghurt or Jam Sponge |

Available Daily ... Jacket Potato with filling - Wholemeal bread - Choice of salads - Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <http://j.mp/2pysVyb>

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Barnes Farm Infant & Junior School – Week 3

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---|--|--|--|---|
| Option 1 | Chicken Fillet in a Pepper & Chorizo Sauce served with Savoury Rice & Carrots | Sausage Toad in the Hole served with Creamy Mashed Potato, Cabbage, Sweetcorn and Gravy | Roast Leg of Pork served with Roast Potatoes, Cauliflower, Carrots and Gravy | Beef Bolognese served with Pasta Spirals, Green Beans & Courgettes | MSC Battered Cod Fillet served with Oven Chips and Garden Peas |
| Option 2 | Chickpea & Butternut Squash Casserole served with Savoury Rice & Carrots | Vegetarian Sausage Toad in the Hole served with Creamy Mashed Potato, Cabbage, Sweetcorn and Gravy | Covent Garden Pie served with Roast Potatoes, Cauliflower, Carrots and Gravy | Vegetable & Lentil Bolognese served with Pasta Spirals, Green Beans & Courgettes | Cheese & Tomato Wholemeal Flan served with Oven Chips and Garden Peas |
| Dessert | Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Rock Cakes | Freshly Cut Fruit or Organic Fruit Yoghurt or Oat Cookies | Freshly Cut Fruit or Organic Fruit Yoghurt or Lemon Drizzle Cake | Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Brownie | Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream |

Available Daily ... Jacket Potato with filling - Wholemeal bread - Choice of salads - Water



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data.
Or visit <http://j.mp/2FYdTso>

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