

Barnes Farm Infant & Junior School – Week 1

Option 1

Meat Feast Pizza
served with Rice Salad
& Coleslaw

Italian Style Beef
Meatballs in a rich Tomato
& Basil Sauce with Fusilli
Pasta & Sweetcorn

Roast Chicken Thigh &
Stuffing served with Roast
Potatoes, Seasonal
Vegetables and Gravy

Homemade Puff Pastry
Sausage Roll served with
Mashed Potatoes and Baked
Beans

MSC Battered Cod Fillet
served with Oven Chips
and Garden Peas

Option 2

Cheese & Tomato
Pizza served with Rice
Salad & Coleslaw

Italian Style Quorn Pieces
in a rich Tomato & Basil
Sauce with Fusilli Pasta &
Sweetcorn

Roast Quorn Fillet served
with Roast Potatoes and
Seasonal Vegetables

Homemade Meat Free
Sausage Roll served with
Mashed Potatoes and Baked
Beans

Baked Spanish Omelette
served with Oven Chips
& Garden Peas

Dessert

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Chocolate Chip
Cookies

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Lemon Drizzle Cake

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Fruit Jelly

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Rice Krispie Cakes

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Butter Cream Cake

All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.

Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



This QR code can be read by any barcode
scanner app on your smart phone to
access the allergen and nutritional data.
Or visit <http://j.mp/2XFfMU8>

ASHLYNS

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Barnes Farm Infant & Junior School – Week 2

Option 1

Chicken in a Chorizo
Sauce served with Brown
Rice & Salad

Beef Lasagne served
with a Herby Bread Slice
& Mixed Green Salad

Roast Gammon served with
New Potatoes and Sliced
Carrots

All Day Breakfast

MSC Battered Cod Fillet
served with Oven Chips
and Minted Peas

Option 2

Chickpea Falafel Wrap
served with Brown Rice &
Salad

Macaroni Cheese
served with a Herby
Bread Slice & Mixed
Green Salad

Roasted Vegetable & Lentil
Strudel served with New
Potatoes and Sliced Carrots

All Day Meat Free
Breakfast

Cheese & Potato Pasty
served with Oven Chips
and Minted Peas

Dessert

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Shortbread

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Iced Chocolate Sponge

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Frozen Yoghurt

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Banana Cake

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Fruit Jelly

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Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



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ASHLYNS
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Barnes Farm Infant & Junior School – Week 3

Option 1

Sticky Chicken Thigh
served with Wholemeal
Rice & Peas

Cheese & Bacon Whirl
served with New Potatoes
& Green Beans

Roast Topside of Beef served
with Yorkshire Pudding, Roast
Potatoes, Seasonal
Vegetables & Gravy

Ashlyns Beef Burger in a
Bun served with Pasta
Salad

MSC Cod Fish Fingers
served with Oven Chips &
Pasta Hoops

Option 2

Vegetable & Chickpea
Risotto

Cheese & Potato Whirl
served with New Potatoes
& Green Beans

Covent Garden Quiche
served with Roast Potatoes,
Seasonal Vegetables & Gravy

Meat Free Burger in a
Bun served with Pasta
Salad

Cheese & Pepper Wrap
Stack served with Oven
Chips & Pasta Hoops

Dessert

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Cherry Cookies

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Chocolate Brownie

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Ice Cream

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Fruit Flapjack

Freshly Cut Fruit
or
Organic Fruit Yoghurt
or
Marble Sponge

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Available Daily ...
Jacket Potato with filling
Wholemeal bread
Choice of salads
Water



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Or visit <http://j.mp/2SOOE1r>

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