



COMBINED HARVEST APPEAL

HELP SUPPORT YOUR FOODBANK WITH FOOD AND FUNDS THIS HARVEST

DONATE FOOD

Help by donating an item or two from our shopping list to ensure we can provide food to help people in crisis.



DONATE MONEY

Help to cover the costs of storing and distributing food, as well as developing sustainable projects.



SHOPPING LIST TOP TEN ITEMS

Tinned Meat
Tinned meat pies
Coffee (small)
Long life milk
Tinned potatoes
Tinned vegetables
Pasta sauce
Instant potato mash
Tea bags
Tinned rice pudding

*Don't forget...
You can help transform
more lives with a financial
donation too.*

www.chelmsford.foodbank.org.uk

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