

# Barnes Farm Infant & Junior School – Week 1

## Option 1

Meat Feast Pizza  
served with Rice Salad  
& Coleslaw

Italian Style Beef  
Meatballs in a rich Tomato  
& Basil Sauce with Fusilli  
Pasta & Sweetcorn

Roast Chicken Thigh &  
Stuffing served with Roast  
Potatoes, Seasonal  
Vegetables and Gravy

Homemade Puff Pastry  
Sausage Roll served with  
Mashed Potatoes and Baked  
Beans

MSC Battered Cod Fillet  
served with Oven Chips  
and Garden Peas

## Option 2

Cheese & Tomato  
Pizza served with Rice  
Salad & Coleslaw

Italian Style Quorn Pieces  
in a rich Tomato & Basil  
Sauce with Fusilli Pasta &  
Sweetcorn

Roast Quorn Fillet served  
with Roast Potatoes and  
Seasonal Vegetables

Homemade Meat Free  
Sausage Roll served with  
Mashed Potatoes and Baked  
Beans

Baked Spanish Omelette  
served with Oven Chips  
& Garden Peas

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Chocolate Chip  
Cookies

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Lemon Drizzle Cake

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Fruit Jelly

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Rice Krispie Cakes

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Butter Cream Cake

Week commencing - 4th November, 25th November, 16th December

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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Or visit <http://j.mp/2XFfMU8>

**ASHLYNS**

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# Barnes Farm Infant & Junior School – Week 2

## Option 1

Chicken in a Chorizo  
Sauce served with Brown  
Rice & Salad

Beef Lasagne served  
with a Herby Bread Slice  
& Mixed Green Salad

Roast Gammon served with  
New Potatoes and Sliced  
Carrots

All Day Breakfast

MSC Battered Cod Fillet  
served with Oven Chips  
and Minted Peas

## Option 2

Chickpea Falafel Wrap  
served with Brown Rice &  
Salad

Macaroni Cheese  
served with a Herby  
Bread Slice & Mixed  
Green Salad

Roasted Vegetable & Lentil  
Strudel served with New  
Potatoes and Sliced Carrots

All Day Meat Free  
Breakfast

Cheese & Potato Pasty  
served with Oven Chips  
and Minted Peas

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Shortbread

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Iced Chocolate Sponge

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Frozen Yoghurt

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Banana Cake

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Fruit Jelly

Week commencing - 11th November, 2nd December,

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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# Barnes Farm Infant & Junior School – Week 3

## Option 1

Sticky Chicken Thigh  
served with Wholemeal  
Rice & Peas

Cheese & Bacon Whirl  
served with New Potatoes  
& Green Beans

Roast Topside of Beef served  
with Yorkshire Pudding, Roast  
Potatoes, Seasonal  
Vegetables & Gravy

Ashlyns Beef Burger in a  
Bun served with Pasta  
Salad

MSC Cod Fish Fingers  
served with Oven Chips &  
Pasta Hoops

## Option 2

Vegetable & Chickpea  
Risotto

Cheese & Potato Whirl  
served with New Potatoes  
& Green Beans

Covent Garden Quiche  
served with Roast Potatoes,  
Seasonal Vegetables & Gravy

Meat Free Burger in a  
Bun served with Pasta  
Salad

Cheese & Pepper Wrap  
Stack served with Oven  
Chips & Pasta Hoops

## Dessert

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Cherry Cookies

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Chocolate Brownie

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Ice Cream

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Fruit Flapjack

Freshly Cut Fruit  
or  
Organic Fruit Yoghurt  
or  
Marble Sponge

Week commencing - 18th November, 9th December

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*

Available Daily ...  
Jacket Potato with filling  
Wholemeal bread  
Choice of salads  
Water



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Or visit <http://j.mp/2SOOE1r>

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