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Healthy Schools Morning Friday 25th October

The children engaged in four different activities this morning within mixed-age house groups to learn more about encouraging healthy lifestyles. The activities were as follows:

1) Healthy Thoughts - promoting resilience and tolerance with the concept of a growth mindset and the use of 'yet' in our vocabulary

2) Healthy Habits - challenging ourselves to know more about vitamins

3) Healthy Eating - food tasting/mindful eating of natural foods with associated benefits

4) Healthy Movement - developing fundamental movement skills as well as a skill scramble

Brilliant! 2 Aldi Sticker Charts completed!

We have now completed two posters and are onto our third one! Once the posters are complete - we send each one off and will receive some sports equipment and a chance to win £20,000.

Aldi will continue to give out stickers until 3rd Nov. Our aim is to try and fill a 3rd poster and send them both off before the 10th November (after half term.)

Weekly Cups Won so far this term

Griffin	Phoenix	[
Pegasus	Dragon	-

Griffin	1
Phoenix	3
Pegasus	2
Dragon	1

Poppies on sale

We will be selling poppies in the week after half term leading up to our joint observation of Remembrance day on Monday 11th November with the Infant school.



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Week 3	3S - 79%
Week 4	4W - 81%
Week 5	5C - 86%
Week 6	5C - 86%







School Games Update

Table Tennis Team - Third in Essex!



THE Book

PEOPLE

Our table tennis team finished 3rd overall in the Essex finals held in Harlow. There were some stand out individual performances and big thanks go to

Mrs Hogan for escorting the children to the competition.

Congratulations team!

The Book People - The Big Book Boost

If you or your family or friends shop online at The Book People please use the Big Book Boost which will enable the school to receive donations from The Book People. Big Book Boost is The Book People's brand new fundraising scheme. Every time you place an order with us over £10, we'll donate £1 to a school of your choice for them to spend on books!

You can add more than one school to your account. When your order qualifies for Big Book Boost, you will be asked to pick one school to give your boost to. Further information on the scheme can be found using the link below:

https://www.thebookpeople.co.uk/bigbookboost

Judo Club starting in November

Please see the attached flyer for details on a new Judo club starting on Thursdays 6pm-7pm starting in November at the school.



3PR Walk into School Week 21st-25th Oct



Thank you to all the house and vice-captains who gave up their mornings this week to patrol outside the school and reward

those who walked into the 3PR zone. Thank you also to all those parents who followed the 3PR rules. The winning class of the 3PR trophy will be announced after half term.

Tree Planting continues to flourish!

Mrs Jordan and Mrs Jacobs wanted to share the progress and growth



Then

of the trees which we planted over two years ago along the border of the school. Jacob, Aaron and Vivaan helped with the planting and against their own personal growth you can see how well the trees and bushes have developed. Thank you to all the parent volunteers who

originally helped dig these in - it shows that their efforts have truly flourished!







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FREE HOCUS POCUS

1onday 28th October to Saturday 2nd November Halloween Exhibition

The history behind the mystery

www.chelmsford.gov.uk/museumevents

Chelmsford



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Oaklands Park

Chelmsford

CM2 9AQ